# Respond Not React: Increasing Effectiveness in Kids Who Challenge Us Metro October 30, 2019

8:30am-3:00pm (8:00am Check In)

**Can't teach because of misbehavior? Already predicting how the year might end?** Don't let another day go by feeling that way! Join us for motivation and inspiration with practical, easy to use verbal and non-verbal strategies that will build your confidence and capacity working with students who misbehave, so you can handle the behavior with ease and get back to doing what you love: teaching!

Angie will problem solve, and practice with you while discussing and modeling effective techniques from many different behavior management philosophies and personal experiences. With a focus on being proactive, you will learn ways to enhance what is already working for you, and easily incorporate additional tools to calmly and confidently respond to students with challenging behaviors.

# **Participants will:**

- Develop a better understanding of the brain and factors impacting behavior
- Participate in hands-on experiential learning activities that, when transferred to the classroom, will increase engagement and contribution
- Work through options for "Plan B", when the most challenging kids don't respond to these strategies
- Leave with numerous verbal and non-verbal skills and strategies to proactively and positively impact relationships

# Who Should Attend?

Teachers, paraprofessionals, counselors, nurses, administrators, and other interested educators. If you work with kids in any capacity, this is for you!



**Angie Ellsworth** MS, LSW, LSC, began her career working with people with disabilities and has spent the past 18 years working with children ages 5-16 with academic, behavioral, and mental health challenges. She maintains her licenses while working as a behavior specialist at a Rochester elementary school and provides staff development district wide, as well as training and coaching around the state. She is trained in PBIS systems implementation and interventions, Love and Logic (R), Restorative Justice, Crisis Prevention and De-escalation, Why Try? Resiliency Education and is an ENVOY (R) non-verbal behavior management coach and certified

teacher. She embeds research on brain functioning and growth mindset into her approach and incorporates culturally responsive and trauma-sensitive experiential learning techniques for a hands-on experience.

# **Registration Information**

#### Fee: \$95 <u>Metro ECSU Member;</u> \$105 Non-member (Ees includes lung

**\$195** Non-member (Fee includes lunch)

### **Register online:**

https://metroecsu.myquickreg.com/register/event

Registration Deadline: October 30, 2019

Cancellation Deadline: October 28, 2019

Program Contact: Angela Skrade, 612.638.1528 angela.skrade@metroecsu.org

## Location:

Metro ECSU (Anderson Center, Bethel University) 2 Pine Tree Dr, Arden Hills, MN 55112 612.638.1500 <u>www.metroecsu.org</u>

In compliance with the Americans with Disabilities Act, when special accommodations are needed, contact Angela Skrade at 612.638.1528 or <u>angela.skrade@metroecsu.org</u> at least two (2) weeks before the event date. Special accommodation cancellation notices are accepted no later than two (2) business days before the event date. Cancellations after the deadline will be billed for special accommodations fees.